



## **Tell Them What to Do, Not What to Don't**

1. Understand children's needs and motivations for misbehaving
2. Take preventative measures
  - A. Offer GEMS
  - B. Be Firm and Kind
  - C. Get on their eye level
3. Ask for the behavior you want
  - A. Tell Them what to do, not what to don't
  - B. Announce transitions that will be occurring
  - C. Avoid asking their permission
  - D. Describe the behavior you are looking for
  - E. Acknowledge the child when she does what you ask
  - F. Avoid open-ended questions
  - G. Describe the behavior you want to see before the child comes out of quiet time



## Asking for the Behavior You Want

### Rather Than

### Ask For

Stop Running

Be Quiet; Not so loud

Don't stand on \_\_\_\_\_

Don't hit; Don't kick; Don't Bite

Don't interrupt

Don't play so rough

Don't play with sticks/rocks

Say you're sorry, that you didn't mean to do that

Stop whining; stop crying

Don't turn the light/TV on/off

Don't spit

Don't say Stupid/Shutup/Swear words

Don't; Stop; Be careful