



## TEACHING CHARACTER AND KINDNESS IN THE CLASSROOM

### A. What is aggression?

1. Accidental
2. Instrumental
3. Hostile

### B. Causes of Hostile Aggression

1. Developmental
2. Family
3. Environmental
4. Peers and siblings
5. Media Influence

### C. What to do to Decrease the Influence of these Factors

1. Observe and assess the child
2. Work with the family
3. Alter the environment
4. Do problem solving with their peers
5. Limit exposure to media violence

#### D. How to Guide and Redirect Aggressive Behavior

1. Set clear rules and limits
2. Stay calm
3. Compensation
4. Redirect
5. Water treatment
6. Use encouragement
7. Hold them
8. Use creative dramatics

#### E. Three Important Reminders

1. Make sure you are not labeling the child
2. Model the acceptable behavior you want to see
3. Listen and keep your sense of humor