



## Great Beginnings Ways to Get the Moving Started!

**KidBuilders** is a comprehensive, year-long motor skills program written by Marilyn Bitsis and Margaret Schafer. It is designed to meet the needs of the motor skills teacher of young children. **KidBuilders workshops** can be customized to meet the needs of its audience—from sampler settings to 12-hour continuing education workshops. **KidBuilders** staff can train *your* motor skills teacher. If you are interested in learning more about the complete KidBuilders curriculum, please contact Marilyn Bitsis at (713) 306-9875. You may also go to [www.houstonkidbuilders.com](http://www.houstonkidbuilders.com).

Great Beginnings for Preschool and Kindergarten presentation is just a small sampling of our sequential skills, activities, suggested music and equipment. Today's session is prepared especially for participants in the Presbyterian Weekday Ministries Workshop, 2010, who teach preschool and kindergarten children ages **2 1/2 to six** years old.

- **Bouncing Names with Ball.** No music needed just one playground ball
- **Squishy Ball Squeeze-your-name;** No music needed just one squishy ball
- **“Walter the Waltzing Worm”** by Hap Palmer Need music and worms – one for each child
- **“On the count of Five”** by Hap Palmer on the “Sally the Swinging Snake “ CD; Music is all that is needed. This is great for the younger ones.
- **“Beanie Bag Dance”** by Greg and Steve on the “Kids In Motion” CD Each child needs a bean bag
- **“Circle Game”** on Getting to Know Myself CD by Hap Palmer. Each child needs a hula hoop.
- **“Can’t Sit Still”** by Greg and Steve on the “Kids In Motion” CD; Need music only
- **“Fireman’s Song”** by Kathy Toelker on the “Look at My world” CD; Each child needs a fireman hat and a hula hoop.
- **“O What A Miracle”** by Hap Palmer on the “Walter the Waltzing Worm” CD Music only is needed
- **“ The Wheels on the Bus”** by Raffi; Need music only. This is great for the younger ones.